Life is hard for most people

"Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering. - Col 3:12

We should train ourselves to such regard, to such respect for others, that we shall never hurt the heart of one of God's creatures, even by a disdainful look! Our love ought also to be patient. Our neighbor may have his faults—but we are taught to bear with one another's infirmities. If we knew the story of men's lives, the hidden loads and burdens which they are often carrying, the unhealed sore in their heart—we would have most gentle patience with them. **Life is hard for most people**; certainly hard enough without our adding to its burdens by our censoriousness, our unkindness, our jeering and contempt.

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